Scoil Naomh Bríde, Baile an Bhóthair, Áth Troim, Co. na Mí. C15 TP62

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11th September 2023.

Dear Parents,

Anti-Bullying Week.

Each term a specific week is dedicated by the school to teaching the children about and developing their knowledge of Bullying. The focus of the lessons are usually based on specific themes in the different classes. Ultimately the lessons are aimed at:

- 1. Determining what constitutes bullying.
- 2. Recognising when someone is being bullied.
- 3. What to do if you are being bullied.
- 4. Practicing safe play and encouraging inclusion.
- 5. Discussing how bullying can be prevented.

As part of our SPHE curriculum this week's theme will focus on 'What is bullying'? As parents and educators, we all have a role to play in ensuring that our children are aware of bullying and the effects that bullying can have on children. In Scoil Naomh Bríde we always encourage children to talk with their class teachers re. incidents that may occur in the school or in the yard at play time etc. so that children can learn to play and have fun together. We also encourage children to talk with their mams and dads re. concerns they may have about school and/or playtimes. It is very important that children recognise the importance and benefit of communication in helping to address concerns/worries they may have. This **Wednesday 13th September** children will have no general homework in the main subjects. Instead, they will have SPHE homework based around the theme 'What is bullying'? I would appreciate it if you would sit with your child for the few minutes it takes to do this work and talk with them about bullying, as well as the importance of respect, inclusion and communication.

TERM 1:	What is Bullying?
Junior/Senior	The Three Little Pigs' (story)
infants	In the Playground
First/Second	Picnic Time
classes	Can I join in?
Third/Fourth	What is bullying? 1
classes	What is bullying? 2
Fifth/Sixth	What is bullying?
classes	Types of bullying.

Kind regards,

James Battersby

James Battersby (Principal)